MAMMALIAN SPECIES No. 495, pp. 1-11, 3 figs.

Lepus timidus. By Anders Angerbjörn and John E. C. Flux

Published 23 June 1995 by The American Society of Mammalogists

Lepus timidus Linnaeus, 1758

Mountain Hare

Lepus timidus Linnaeus, 1758:57. Type locality "Uppsala" Sweden. Lepus algidus Pallas, 1778:2. Renaming of alpinus (=timidus). Lepus borealis Pallas, 1778:2. Renaming of alpinus (=timidus). Lepus variabilis Pallas, 1778:2. Renaming of timidus.

Lepus septentrionalis Link, 1795(2):73. Renaming of variabilis (=timidus).

Lepus hibernicus Bell, 1837:341. Type locality "Ireland"

Lepus sclavonius Blyth, 1842:102. Based on Polish or Russian trade skins.

Lepus canescens Nilsson, 1844:133. Renaming of borealis sylvaticus Nilsson, 1831 (see below).

Lepus lugubris Kastschenko, 1899:57. Type locality "Ongudai am Altai", Russia.

Lepus varronis Miller, 1901:97. Type locality "Grisons, Heinzenberg, Canton of Granbünden, Switzerland".

Lepus gichiganus Allen, 1903:155. Type locality "Gichiga, west coast of Okhotsk Sea".

CONTEXT AND CONTENT. Order Lagomorpha, Family Leporidae, Subfamily Leporinae. The genus Lepus contains about 30 species (Wilson and Reeder, 1993). Corbet and Hill (1986) regard L. arcticus as conspecific with L. timidus, but we adopt here the intermediate position of Baker et al. (1983) linking L. othus and L. arcticus and separating L. timidus. However, the relationship between these arctic species of Lepus is unclear, and so also is the border between them, but we consider L. tschuktschorum, Nordquist, 1883, conspecific with L. othus/arcticus. The populations in Ireland, Scotland, the Alps, Hokkaido, the Kurile Islands, and Sakhalin, are geographically separated and morphologically distinct, and thus can be treated as subspecies. We follow Ognev (1940), recognizing 16 subspecies although this division must be considered preliminary. Ognev (1940) based his division in subspecies in Asia mainly on pelage characteristics including colors. Corbet (1978) included most of the subspecies in L. t. timidus.

- L. t. abei Kuroda, 1938:42. Type locality "Toshimoi, in Yetorofu, Kurile Islands".
- L. t. ainu Barrett-Hamilton, 1900:90. Type locality "the Island of Yezo" [Hokkaido, Japan]
- L. t. begitschevi Koljuschev, 1936:304. Type locality "Western coast of the Pyasina Gulf" Taimyr, Russia.
- L. t. gichiganus Allen, 1903:155, see above (kamtschaticus Dybowski is a synonym).
- L. t. hibernicus Bell, 1837:341, see above (lutescens Barrett-Hamilton is a synonym). This taxon is considered a species by Barrett-Hamilton (1912) because it has remained distinct in the presence of L. t. scoticus on Mull since 1860.
- L. t. kolymensis Ognev, 1922:106. Type locality "Pokhodskoe Village, 80 km below Nizhne-Kolymsk alongthe Kolymsk river", northeastern Siberia.
- L. t. kozhevnikovi Ognev, 1929:79. Type locality "bei dem Dorfe Tschernaja, Kr. Bogorodski, Mosk. Gouvernement".
- L. t. lugubris Kastschenko, 1899:57, see above (altaicus Eversmann is a synonym).
- L. t. mordeni Goodwin, 1933:1. Type locality "Monoma river, eighty miles east of Troitskov, Maritime Province, eastern Siberia".
- L. t. orii Kuroda, 1928:223 (saghaliensis Abe and rubustus Urita are synonyms). Type locality "Nayoro, Tomariora, Sakhalin" Russia.
- L. t. scoticus Hilzheimer, 1906:511. Type locality "northern Scotland".
- L. t. sibiricorum Johansen, 1923:58. Type locality "Western Si-

- beria, valley of Chulym", southwestern Siberia and northern Kazachskaja.
- L. t. sylvaticus Nilsson, 1831: planch 22 (canescens Nilsson is a synonym). Type locality "Mörkö, Södermanland", Sweden.
- L. t. timidus Linnaeus, 1758:57, see above (algidus Pallas, alpinus Erxleben, borealis Pallas, collinus Nilsson, septentrionalis Link, sclavonicus Blyth, variabilis Pallas, typicus Barrett-Hamilton, are synonyms).
- L. t. transbaikalicus Ognev, 1929:81. Type locality "Sosnowka, Bargusinische Taiga (am Baikal-See)", Siberia.
- L. t. varronis Miller, 1901, see above (breviauritus Hilzheimer is a synonym).

DIAGNOSIS. L. timidus is smaller than L. europaeus, with shorter forelimbs and ears, but longer hind feet; the tail is shorter, white below, and the back is paler; summer fur is softer, grayer, and in winter most individuals turn white (Ognev, 1940). Compared with L. europaeus, L. timidus has a shorter facial cranium, more concave frontal region, longer bony palate; a stronger mandible, deeper in the molar region, more vertical condylar process, and the posterior inner margin of the symphysial region not as sharp; anterior branch of supraorbital process is less distinct; foramen mesopterygium often is broader than incisive foramen; zygomatic arch is not ess deep towards the front, and anterior process is less developed (Fig. 1). The upper incisors are squarer in cross-section and less curved, thus the roots rise between the premaxilla and maxilla, farther posterior than in L. europaeus. The third lower premolar is erect in L. timidus, but curved backward in L. europaeus. The tibia and phalanges of the hind foot are longer in L. timidus than in L. europaeus, and the radius of the forearm is shorter (Angermann, 1967). The scapula is broader (especially so in L. t. hibernicus) than in L. europaeus (Barrett-Hamilton, 1912).

GENERAL CHARACTERS. The mountain hare is large, but not as large as L. europaeus where sympatric. The relatively large head has prominent eyes with a yellowish iris in the adult but dark brown in the young. The basal length of the skull is greater in northern populations, supporting Bergmann's Rule as indicated by the following measurements (in mm): Ireland, 73; Scotland, 70; Scandinavia, 73.2; northern Scandinavia and Russia, 77.8; northern Siberia, 87.5 (Barrett-Hamilton, 1900). European subspecies show a similar trend: the smallest subspecies, L. t. varronis, has a mass of 2,397 g (1,404-3,228); length of head and body, 509 mm (460-560); tail length, 53-65 mm; hind foot length, 159 mm (145-172); ear length, 98-106 mm, n = 94. The largest subspecies is L. t. timidus, which at Murmansk had a mass of 3,438 g (2,900-4,700); length of head and body, 546 mm (430-610); length of tail 63 mm (40-70); hind foot length, 164 mm (150-180); ear length, 88 mm (76-100, n = 29—Angermann, 1967). The overall length of the skull (in mm) of L. t. varronis is 86.4 (76.6-93.1, n = 26Couturier, 1964), and of L. t. kozhevnikovi from Moscow region, 99.6 (95-104, n = 41 — Gaiduc and Syarzhanin, 1967). L. t. ainu is a large hare, with a hind foot length of 160 mm), skull length of 97.2, 98 mm, and body mass of 3,000, 3,200 g (Imaizumi, 1970). Ear length in L. t. canescens (86.2 mm) is shorter relative to skull length (97.7 mm) than in L. t. timidus (86.7 and 94.8). L. t. hibernicus is larger than L. t. scoticus, with a skull length of 93.3 mm (88.5-98.1), and a zygomatic width of 45.2 mm (43.1-47.7, n=28-T. H. Manning, pers. comm., 1978). The average adult mass in L. t. hibernicus is 3,190 g (2,725-3,630, n=27—Barrett-Hamilton, 1912). L. t. kozhevnikovi has a skull length of 99.4 mm (94-106), a zygomatic width of 48.7 mm (45-51), n = 100, and a body mass of 3,062 g (1,680-4,590), n = 20-34—Angermann, 1967). L. t. scoticus has an adult mass of 2,750 g (n = 1,097), skull length of 89.2 mm (83.3-95.1), and a zygomatic width of



Fig. 1. Dorsal, ventral, and lateral views of the skull, and lateral view of the mandible of *Lepus t. timidus* from County Jämtland, northern Sweden. Museum of Nataural History, Stockholm, A855046; collected 15 December 1989. Greatest length of skull is 88.0 mm. Photographs by Bengt-O. Olsson.

44.2 mm (42.4–45.8, n=26—T. H. Manning, pers. comm., 1978). The ears of L. t. timidus are relatively long (see L. t. canescens). Skull length of L. t. timidus in Norway was 95.6 mm (92.3–103.2), and zygomatic width was 47.5 mm (45.3–49.8, n=15—T. H. Manning, pers. comm., 1978), and adult mass 3,395 g (2,500–4,300, n=68—Walhovd, 1965). In Russia the same measures were: 97 (95.2–101.7), 49 (48–50.8, n=13—Ognev, 1940); 96.4, 48.1, n=20—Gaiduc and Syarzhanin, 1967); 97.8 (92–103), 48.9 (46–52), and mass 3,438 g, 2,900–4,700, n=29–36—Angermann, 1967). L. t. varronis has a skull length of 91.1 mm (85.5–94.6), and zygomatic width of 44.6 mm (43.1–45.6, n=9—T. H. Manning, pers. comm., 1978), but 93.6 (89–101), 46.1 (43–49, n=20–21—Angermann, 1967). The average mass of 20 adult males was 2,337 g (1,825–3,002), and of 11 adult females was 2,397 g (2,110–2,700—Couturier, 1964).

The ears are short and narrow with a black tip 30 mm long on the exterior surface and ca. 5 mm long on the interior surface. The hind feet are long, with hairy soles and widely spreading toes. The head and body are dusky brown in summer, and often richer brown on head, with gray-blue underfur showing through especially on the flanks. The limbs, lower throat, and upper breast are lighter than the back. The chin, upper throat, and insides of limbs are dirty white; the abdomen and tail are white. The line of demarcation is not abrupt, and varies with season (Barrett-Hamilton, 1912). The coat tends toward reddish brown at low latitudes (L. t. ainu, L. t. hibernicus and L. t. kozhevnikovi in the region of Moscow) but is grayish brown at high altitudes and toward the arctic, probably matching the color of the habitat (Ognev, 1940).

Most workers have reported two molts per year (Miller, 1912), but a detailed study showed three molts in *L. t. scoticus*: spring, white to brown, February-May; autumn, brown to brown, June-September; winter, brown to white, October-February (Hewson, 1958).

There are two morphs of winter coat, white = W (dominant) and blue = w (Bergengren, 1969). In white morphs L. t. timidus and t. varronis, the coat is finer, woollier, and the external appearance is almost pure white except for a small brown spot on the nose and above the eye, and black ear tips. In blue forms, L. t. scoticus and L. t. canescens, the fur is 15 mm long, supporting fibers of winter underfur 25 mm at mid-back, black underfur hair 25 mm long with white or pale buff subterminal bands, white or white-tipped guard hairs, and white or black and white vibrissae. The front of the ears is gray-brown, with a whitish back, the nose and forehead are rust brown with a brown spot over each eye, and little rust-brown below it. The outside of the forelimbs and the top of the paws are rust brown; the hind feet are white, but rust brown between the toes; back, sides and flanks are pale blue-gray with few black hairs, and the base of the fur is ash-blue with a light brown layer above (Bergengren, 1969). In European Russia the underfur of L. t. timidus is snow white, and in L. t. kozhevnikovi is straw white with the blue form occasionally present in the southwest (Ognev, 1940); only 10% are pure white in Belorus (Gaiduc, 1975). L. t. ainu is white except for sepia ear tips (Imaizumi, 1970). The winter fur of L. t. hibernicus is partially white and patchy, usually restricted to the rump, flanks, and legs, with the upper back and head remaining brown. A sprinkling of reddish hair is always present.

The summer coat in L. t. scoticus fur mid-dorsally is ca. 15 mm long, gray proximally and brown toward the tip. The underfur hair is ca. 25 mm long, dark gray with 2-4 mm brown subterminal band, and a black tip. The guard hairs are ca. 40 mm long and black, although some white ones may persist from the winter coat (Hewson, 1958). The head is rich brown, and the nape is graybrown and woolly. There are variations in color of the upper parts from warm brown overlying dark gray-black to pale brown, due to difference in color and length of the subterminal band of underfur hair. In L. t. canescens the summer coat is yellowish gray-brown, blending evenly with an off-white abdomen. The dark upper parts of L. t. timidus contrast sharply with the white underside (Bergengren, 1969). The upper parts of L. t. ainu are grayish brown; under parts and legs are white (Imaizumi, 1970). The head of L. t. kozhevnikovi is rich rust-brown, and the body is the same with grayishblack mottling; the underfur has gray roots, and dull rust tips (Ognev, 1940). The summer coat of L. t. hibernicus is russet, not smoky brown or "blue", and the coat of L. t. varronis is dull smoky gray mixed with brown, faint red and pale yellow, with the extremities lighter and more reddish; the chest is yellowish gray (Couturier, 1955, 1964). The coat of juveniles is softer and duller than that of adults, and has fewer guard hairs. Growth of late-season young may be stunted, and they may not acquire a full winter coat. Albino, melanic, and buff variations in coat color have been reported (Fraguglione, 1959; Ognev, 1940; Ritchie, 1926).

The molt to the white winter coat (Fig. 2) begins on the dorsum and is relatively rapid; the spring molt, in contrast, begins ventrally. The color change is slower in cold springs (Watson, 1963). Females turn brown ca. 2 weeks before males (Bergengren, 1969; Flux, 1970a). Hares at higher altitudes and latitudes remain white longer, in correlation with the average ambient temperature (Couturier, 1955; Lind, 1961; Salomonsen, 1939), and hence with the duration of snow cover; the timing of molt, however, is most strongly influenced by photoperiod (Küderling et al., 1984; Novikov and Blagodatskia, 1948). The spring color change is initiated by daylength and its rate is influenced by temperature (Flux, 1970a; Gaiduc,

1975, 1983; Watson, 1963). A similar process occurs in autumn, but the extent of late winter whitening is more closely correlated with snow cover (Jackes and Watson, 1975). Each part of the body has its own temperature threshold for pigment formation (Gaiduc, 1975). Dominant males may molt earlier (Verkaik and Hewson, 1986, but see Flux, 1987).

DISTRIBUTION. The geographic distribution of the mountain hare is circumpolar in tundra and taiga habitats from Britain to Japan (Fig. 3). L. timidus occurs over the whole of Norway and in Sweden south to 56°N, including Öland, Gotland, and there have been recent introductions to many small islands. It inhabits all Finland including Åland (Nordberg, 1951); Russia, from Kola Peninsula southward to 53°N with isolated pockets to 49°N; Mongolia, China, and eastward to Sakhalin, Kamchatka, and Hokkaido (Gruzdev and Osmolovskaya, 1969; Luo, 1988; Mallon, 1985; Ognev, 1940); Estonia, including Hiiumaa and Saaremaa (Aul et al., 1957); and Latvia and Lithuania (Grevé, 1969). In Poland it is found only in the Augustów and Rominty forests (54°N, 23°-Cabon-Raczynska, 1963). Isolated alpine populations occur above 1,300 m in the mountains of southern Germany, with introductions also in eastern Prussia (Hantel, 1963); France (detailed distribution given in Couturier, 1964); Italy: Slovenian Alps (Isakovic, 1970), and all Switzerland except Jura (Bauman, 1949). It has never been present on Iceland (E. Einarsson, pers. comm., 1978). L. a. groenlandicus and L. t. timidus were introduced into Spitzbergen in 1930 and 1931 (Myrberget, 1972), but there are "none there now" (R. Grammeltvedt, pers. comm., 1980). L. t. timidus × L. t. canescens was introduced into the Faroe Islands in 1854 (Bergengren, 1969).

Reports of mountain hares from the Pyrenees are not substantiated. It is indigenous to Scotland, Ireland, and the Isle of Man. It has been introduced (mainly 19th century) to the Shetland Islands (Mainland, 1907; Vaila, 1900—Berry and Johnston, 1980), Orkney, Outer Hebrides, Skye, Raasay, Scalpay, Mull, Arran, Bute, Jura, Eigg, and Islay (now extinct—Arnold, 1978; Corbet and Southern, 1977; Hewson, 1955).

The subspecies L. t. timidus range includes all Norway, Sweden south to 59°N, all Finland, Russia south to 57 to 58°N and east of Ural mountains. Polish hares may belong to this subspecies but exact determination is not possible (Cabon-Raczynska, 1963). L. t. sylvaticus is the hare of southern Sweden, extending in hybrid zones with L. t. timidus to west Latvia, south coast of Norway, and Faroes (introduced). L. t. kozhevnikovi, the Central Russian hare, ranges from 57 to 58°N, where it apparently intergrades with L. t. timidus, south to 53°N. The western boundary is unclear; most authors refer to eastern Baltic hares as L. t. timidus although Ognev (1940) suggests L. t. kozhevnikovi reaches Leningrad. The distribution of the other Asian subspecies is unclear, but see Ognev (1940). To the east, L. t. sibiricorum, is found on the plains of western Siberia, and in Altai mountains, L. t. lugubris. Farther to the east, in Transbiakalia, is L. t. transbaikalicus, and along the coast south to Manchuria, L. t. mordeni. In northern Siberia L. t. begitschevi is found in Taimyr, and east of that L. t. kolymensis at the river Kolyma. L. t. gichaganus occurs in Kamchatka, along the coast of the Sea of Okhotsk, and in central Yakutia, southward to the range of L. t. mordeni. L. t. ainu is restricted to Hokkaido, Japan, and L. t. orii to Sakhalin Island, but might also be present on the mainland along the coast (Ognev, 1940).

The original distribution of *L. t. scoticus* in the Scottish Highlands has been extended by introduction to southwestern Scotland in 1834-62 (Ritchie, 1929), the English Peak District, north Wales, and many islands (Hewson, 1956; Yalden, 1984). *L. t. hibernicus* occurs over the whole of Ireland on moorland and pasture down to sea level. *L. t. hibernicus* was introduced to southwestern Scotland, Mull, and the English Lake District about 1890 (Corbet and Southern, 1977; H. G. Hurrell, pers. comm., 1959). *L. t. varronis* consists of relict populations in the Alps above ca. 1,300 m, in Germany, France, Switzerland, Italy, Austria, and Yugoslavia.

FOSSIL RECORD. The Leporinae arose in the Pliocene, and Lepus in the early Middle Pleistocene (Kurtén, 1968). L. timidus appears in the F-Eemian (e.g., Lambrecht Cave, Hungary) and is common in 4-Würm, with numerous Magdalenian sites from the Pyrenees (Altuna, 1971) to southeastern Europe (Malez, 1972). L. timidus was present in the Kraków-Wielun Uplands (southern Poland) in beds from the last glaciation; Pleistocene hares from the Sudetic Caves might also be L. timidus (Kowalski, 1959). There

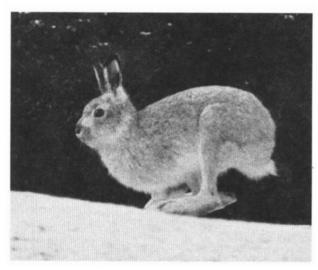


Fig. 2. The mountain hare, Lepus timidus, in winter pelage. Hållö, Bohuslän, Sweden, 1977. Photograph by A. Angerbjörn.

were remains from Bohemia (Mostecky, 1964, 1969) and from Germany (Heller, 1960; Luttschwager, 1956), and in general were common in the Pleistocene (Koby, 1960). In central Europe, L. timidus appears at the end of the Riss glaciation in the Bockstein-höhle in Wurtemburg of Acheulian age, with L. t. varronis recognizable from the Mousterian and becoming abundant in the upper Palaeolithic, especially the Magdalenian (Couturier, 1964). L. timidus was eaten by humans 28,000 years ago in Belgium (Gautier, 1973) and remains are common in Pleistocene middens (Adam, 1982). The general pattern of distribution (Barrett-Hamilton, 1912) suggests an origin in Asia or even North America, spreading eastward to Greenland, and westward to Britain; there are many remains in southern England, Italy, Spain, and in glacial deposits in the Crimea (Dahl, 1928).

Young hares can be aged by size up to 3 months of age. They reach adult size in ca. 4 months, but can be distinguished up to 8–10 months by the notch between the apophysis and diaphysis of the tibia and humerus (Flux, 1970b).

Dried eye lenses with a mass less than ca. 250 mg distinguish young up to 1 year old from older individuals (Flux, 1970b; Walhovd, 1965). Growth of the supraorbital process with age also has been used (Borg et al., 1952; Walhovd, 1965), but annual increments in the mandible provide the most accurate technique (Ohtaishi et al., 1976).

Fat deposits in both sexes are very low from June to October, increasing to a peak in January-March, and declining when breeding starts. Fat and body mass are positively correlated for all age and sex groups (Flux, 1970b; van der Merwe and Racey, 1991). Artificial winter feeiding in Finland allows hares in poor habitats to put on more fat in winter (Soveri and Aarnio, 1983). In Sweden, body condition affects the number of young weaned (Angerbjörn, 1986a).

The dental formula is: i 2/1, c 0/0, p 3/2, m 3/3, total 28. Mammae are 2 pectoral + 6 abdominal, total 8 (Barrett-Hamilton, 1912).



Fig. 3. Distribution of Lepus timidus (Chapman and Flux, 1990).

ONTOGENY AND REPRODUCTION. In captivity the gestation period of L. t. timidus is 50.3 days (47-55, n = 192) with no difference between first (50.8) and second (50.0) litters (Höglund, 1957a). The breeding season in Ireland based on 51 L. t. hibernicus appears longer than in Scotland (Barrett-Hamilton, 1912; Fairley, 1974); Webb (1955) reported two gestation periods of 49 days. For L. t. varronis the gestation period is 50.8 days (n = 4-Couturier, 1964). Postpartum estrus, with copulation a few hours after parturition, is the rule (Högland, 1957a). Superfetation is not as common as in L. europaeus (Borg et al., 1952), but does occur (Collett, 1912). Ectopic pregnancy has been recorded once (van der Merwe and Racey, 1982). L. t. timidus normally has one or two litters per year, but can have three in years having early springs (Myrberget, 1983). L. t. canescens regularly has three litters, and starts breeding in the first half of March. Its gestation period does not differ between northern Sweden (50.0, 47-54, n = 50), and southern Sweden (50.1, 47-53, n = 35—Angerbjörn, 1986a; Bergengren, 1969), and does not vary with nutritional levels (Pehrson and Lindlöf, 1984). The start of breeding on Swedish islands varies with temperature (Angerbjörn, 1986a). The photoperiodic control of reproduction acts through the pineal organ and its secretion of melatonin (Iason, 1987).

In L. t. scoticus testes are abdominal and in a regressed state (1-2 g) from July to December, but are scrotal and well developed (7-9 g) from February to May. Ovaries of 25 nonpregnant adults averaged 16.7 by 5.7 mm, and of 34 pregnant females 20.8 by 9.8 mm. Graafian follicles reach 3-5 mm in diameter before rupturing at estrus, and corpora lutea grow from 7.4 mm (5-10, n =23) to 11.0 mm (8-14, n = 27) during gestation. In 164 adult and 61 juvenile females examined in monthly samples, pregnancies occurred during February-August; all adults were pregnant March-June. Juvenile females did not breed in the year of their birth. The average number of corpora lutea, 2.4 (1-5), increased with age, body weight, and seasonally from 1.8 (February) to 3.7 (June), followed by a decline to 2.7 (August). The mean monthly number of embryos per female was 2.1, and the average number of litters was 2.6, giving an annual production of 5-6 young per female despite 47% prenatal mortality (Flux, 1970b). Females in their first breeding year suffered heavier pre-natal losses of ova or embryos (13.6%), than did older females (6.3%), but this difference was not statistically significant (Iason, 1990). In two areas in northeastern Scotland, from 1956 to 1967 average embryo counts varied from 1.4 to 2.7 in spring, and from 1.9 to 2.6 in summer. On less productive habitat litters were 12% smaller and breeding began 16 days later. Among 1,331 females, pregnancies occurred January–September, with over 50% pregnant March–July (Hewson, 1970). Only 63.5% (n=52) of females were fertile for the first litter, but fertility rose to 95.8 (n=98) and 87.1% (n=31) for second and third litters respectively. The total number of young produced was correlated with hind foot length in old female hares, and hares with a large first litter had small third litters and vice versa (Iason, 1990). In captivity one-year-old females averaged 1 litter of 2.4 young (n=150) compared with 1.5 litters of 4.0 (n=104) for two-year-old hares (Höglund, 1957a).

First litters averaged 2.15 young (1-5, n=342) and second litters 3.24 (1-8, n=311). The mean number of litters, and of young per litter, were highest for hares 3-6 years old and declined at 8-10 years (Höglund, 1957a). In northern Russia (Yakutia) there is only one litter per year, which varied from 6.4 to 6.9 (1-11) young over five years (Naumov and Shatalova, 1974), but in the southwest (Belorus) three or four litters are usual. First litters averaged 2.0 young, second, 3.1; third, 3.0; and fourth, 2.7 (Gaiduc, 1973). Near Moscow, first litters averaged 5.0 corpora lutea and 3.5 embryos, and second litters 4.5 and 3.8 respectively (Naumov, 1947). For $L.\ t.\ varronis$ there usually are two or three litters of 2-5 and the young are born April to July; one captive female produced 13 young in three litters in one year (Bauman, 1949). Breeding in $L.\ t.\ ainu$ begins in January-February, and litter size is 1-5 (Imaizumi, 1970).

ECOLOGY. The mountain hare is predominantly a species of mixed forest in Europe (Naumov, 1947) reaching highest densities in transition zones with open clearings (Lindlöf et al., 1974), and in swamps, river valleys, and patches of regrowth among fallen trees. In Finland, bogs with Salix and Vaccinium are favored, followed by stands of spruce (Picea) and birch (Betula). Fewer hares live in pines (Pinus) and mature forests (Koskimes, 1957), but less favorable habitats, such as birch forests on windy slopes, may be occupied when populations are high (Pulliainen, 1983). A second major habitat is tundra, where hares can survive to the limits of vegetation if there is cover such as cliffs or rocks. In North America, where L. americanus occupies forests, L. arcticus is restricted to tundra (Keith, 1983). In southern Russia, forests with aspen (Populus) and shrub thickets are the normal habitat (Ognev, 1940). Hares in Scotland reach high densities (ca. 50/km²) on well-managed Calluna moorland in the northeast at 300-900 m, and on arctic-alpine ground over rocks rich in nutrients (Hewson, 1984; Watson and Hewson, 1973). Hares in Ireland occupy moorland and agricultural land at all altitudes, and groups of 100 may be seen on airfields. L. t. varronis lives on alpine pastures, up to 4,000 m elevation in summer, and at 3,200 m in January, but most move to shelter in woodland escarpments (Billie, 1974). In Hokkaido, L. t. ainu is common in grassy fields, scrublands, and open forests from sea level up to the mountains (Imaizumi, 1970).

The food eaten by hares in forest habitats includes leaves and twigs of Salix, Sorbus, Betula, Juniperus, and Populus; in tundra, alpine plants, especially dwarf Salix, which is rich in nutrients; on Scottish moorlands and Swedish islands, Calluna (Angerbjörn, 1981; Angerbjörn and Pehrson, 1987; Pehrson, 1983a). Palatable grasses and clovers are eaten when available, and hares prefer plants growing on fertilized soil (Miller, 1968), or having a high nutrient content (Angerbjörn and Pehrson, 1987; Hewson, 1989; Lindlöf et al., 1978; Rousi et al., 1987). Snow cover may restrict the diet to twigs, bark, moss, and lichens. The diets of both sexes were similar (September-November), although reproductively active females ate more grasses and less Calluna than did males (Iason and Waterman, 1988), and young ate more Agrostis and less Nardus than did adults (Flux, 1970b). Studies on captive L. t. timidus demonstrated that dry matter digestibility is the basic factor in meeting energy requirements. Secondary plant compounds in the twigs of Calluna or Betula may reduce digestibility by causing hares to excrete sodium, but they maintained a sodium balance on a mixed diet (Pehrson, 1981, 1983a, 1983b). Plant phenolic compounds have been suggested to be involved in this reduced digestability, but they were not reliable predictor of food consumption (Rousi et al., 1987).

The winter food of mountain hares in Scotland and Ireland is dominated by heather, 30 to 90% frequency from stomach analyses, whereas grasses (especially Agrostis and Deschampsia), Eriophorum, and dicotyledons like Galium, are more frequent in the summer diet (Flux, 1970b; Iason, 1987; Walker and Fairley, 1968). In Fennoscandia, the winter diet (from browsed plants) is dominated by Betula (15-62%), Sorbus (5-72%), and Salix (10-34%) Lindlöf et al., 1974; Lund, 1960; Pullianen, 1972; Seiskari, 1963), whereas in Russia Salix (20-36%), Populus (6-20%), and Vaccinium (5-25%) are more important (Naumov, 1939). Little Pinus and Picea are eaten (0-3% in all areas) but more Juniperus (3-10% in all areas). In summer, captive hares in Finland avoided many of the winter foods, instead preferring Corylus avellanus, Carex echinata, Elytrichia repens, Lathyrus pratensis, Vicia cracca, Trifolium pratense and Equisetum spp. (Helminen et al., 1966; Seiskari, 1963); winter trials indicate the preference order of Salix, Betula, Populus, and Sorbus (Aarnio, 1983; Karlsen, 1983). In Russia, seasonal food consumption is largely determined by availability rather than preference (Belkin, 1979). Other species eaten in low frequencies include Molina, Nardus, Scirpus, Carex, Juncus, Alnus, Rubus, Ribes, Prunus, Rosa, Hippophae, Erica, Arctostaphylos, Empetrum, Myrica, Ledum, Potentilla, Filipendula, Chamenerium, Saxifraga, Gentiana, Ranunculus, Achillea, Rumex, Fragaria, Taraxacum, Quercus, Acer, Fagus, Larix, and Rhododendron (Couturier, 1964; and authors cited above).

Hares may damage cereals, brassica crops, fruit trees, and tree plantations, especially in winter (Allman, 1946; Dinesman, 1959; Wahlin, 1950), and ring-bark pines (Borisenko, 1983). They seldom drink but may eat snow. At least 500 g/day of Betula and Salix food is eaten (Sperber, 1974). The energy requirement for maintenance in winter is about 105 kcal kg⁻¹ day⁻¹, with a maximum intake of 150 kcal (Pehrson, 1984). Reingestion increases digestibility up to 25%, the soft pellets containing three times as much protein (Pehrson, 1983c), and takes place from 0900 to 1600 h; 208 hare pellets (33-450—Flux, 1970b), or 200-450 (Lampio, 1952) are produced daily.

Sex can be determined at birth by the circular genital aperture in males (Höglund and Viklund, 1953); the sex ratio is equal, with 49.3% male (n=140) in captive Swedish hares (Bergengren, 1969). Among adults, females often predominate slightly: Norway, 46.2% male (n=474-Walhovd, 1965); near Moscow, 46.8% male (n=466-Naumov, 1947); Belorus, 52.8% male (n=286-Gaiduc, 1973); Japan, 50.9% male (n=487-Shibata and Yamamoto, 1980); northeastern Scotland, 46.4% male (n=1,492-Flux, 1970b), with 50.1% male (n=796) in adult snared hares, declining significantly from 59% (n=239) in April-May to 39% (n=166) in July-August (Hewson, 1976). An increasing proportion of males at weaning was reported by Angerbjörn (1986b) for an island population with increasing densities.

The percentage of young L. t. scoticus in samples shot from August to January (42.9%, n = 1,561) in Scotland increased seasonally from 21.7% young (n = 286) in August to 55.3% young (n = 921) in December. The percentage of young in samples from four estates in December-January varied from 27.4% young (n =329) to 72.8% (n = 195), but the overall pattern based on lens weights (n = 1,000) was 47.8% young, 32.2% 1 year old, and the remaining 29% 2 years or older indicating ca. 50% juvenile mortality per year (Flux, 1970b). The percentage of young snared from June to December varied with the stage of the population cycle: 36.5% young (n = 167) at the population peak in 1956-1958, 38.5% (n = 167)= 322) when numbers were low in 1959-1966, and 50% (n = 100) during a population increase phase in 1967-1969 (Hewson, 1976). In Norway, over the entire hunting season, 62.5% (n = 512) were young (Walhovd, 1965), and on a Swedish island the ratio of young to adults in autumn reached 84%; the ratio was negatively correlated with spring population density (Angerbjörn, 1986a). Among captive hares there was an average mortality of 30% for hares 1-8 years old (Höglund, 1957a), far lower than in the recaptures of marked hares liberated in Fennoscandia (Höglund, 1956, 1957b; Myrberget, 1965; Vuolanto, 1972). In Japan, the average age of a wild population of 560 hares was 0.83 years, compared with 1.11 years for captive animals (Shibata and Yamamoto, 1980). In Sweden the average winter survival for adult hares was 0.42 at low predation pressure, and 0.19 under high predation. Juvenile survivorship was 0.75 from weaning to autumn, 0.36 during a winter with low predation pressure, and 0.16 during a winter with high predation. Overall juvenile survivorship from birth to the following spring averaged 0.20 (Angerbjörn, 1992). A monthly survival rate for hares liberated in Sweden in winter, spring, and summer was 0.18 compared with 0.93 for wild hares in the same area (Lemnell and Lindlöf, 1982). A few L. t. scoticus reach an age of 9 years in the wild (Hewson, 1976), and 1 of 102 hares marked in 1957-1958 was shot 18 years later (R. Bain, pers. comm., 1977).

Densities are variable: 1 hare/km² over large parts of Sweden (Bergengren, 1969); 1–2/km² in European Russia (Novikov et al., 1970); 1–15/km² in Japan (Abe and Ota, 1987); 2–6/km² in central Finland (Lind, 1961); higher on Baltic islands, 25/km² on Krunnian (Nyholm, 1968) and ca. 60/km² on Signilskär (Häkkinen and Jokinen, 1974); 200–400/km² in parts of Yakutia (Labutin, 1988); up to 245/km² on the best areas in northeastern Scotland, but only 0.14/km² in western Scotland (Watson and Hewson, 1973); and 400/km² on Vedholmen, Sweden (Angerbjörn, 1986a).

In Europe numbers fluctuate less, and less regularly, than in Russia (Azarov, 1976) or in Canadian populations of *L. americanus*

(Bulmer, 1974). Peaks normally are 8-12 years apart, but 3-4 years in Fennoscandia (Hansson and Henttonen, 1989; Lindén, 1991); they are synchronous within a region, but not between countries. Populations of mountain hares may crash because of predation (Angerbjörn, 1989), parasites (Angerbjörn, 1983; Häkkinen and Jokinen, 1981), starvation (Angerbjörn, 1981; Keith, 1974), with or without a weather effect (Angerbjörn, 1983). Hares may increase and overeat their food supply, and the subsequent decline is emphasized and prolonged by predation (Keith, 1974, 1983). The cycle may be a side effect of predators shifting from voles (Angelstam et al., 1984; Hörnfeldt, 1978; Marcström et al., 1989), but snow may have an influence (Osmolovskava, 1980). In areas of no cycles, predation may not be responsible in Scotland (Hewson, 1985), although it may be in Sweden (Lindström et al., 1986). For non-cyclic populations on islands, red fox (Vulpes vulpes) showed a type II or III functional response curve when preying on hares, and at lower hare densities predation might diminish fluctuations in hare numbers (Angerbjörn, 1989).

The most important mammalian predator on mountain hare is the red fox. Of 84 L. t. scoticus killed by predators, red fox took 63, wild cat (Felis silvestris) 14, dog 2, stoat (Mustela erminea) 2, golden eagle (Aquila chrysaetos) 1, buzzard (Buteo buteo) 1, hen harrier (Circus cyaneus) 1 (combined data, Flux, 1970b; Hewson, 1976). In Kuusamo, Finland, of 18 L. t. timidus killed, pine marten (Martes martes) took 6, wolf (Canis lupus) 4, golden eagle 4, goshawk (Accipiter gentilis) 2, eagle owl (Bubo bobo) 1, stoat 1 (Nyholm, 1968). Mountain hares represented 4-10% by volume of the diet of red foxes in Sweden in winter, as estimated from stomach analyses, and during summer from 1 to 14% by volume depending on vole abundance (Englund, 1965). In early summer, mountain hares constituted 39% by volume of the diet of juvenile foxes, but only 11% by volume during late summer (Englund, 1969). Hares, depending on their density, formed 38 to 94% by volume of the winter diet for red foxes on islands, based on fecal analysis (Angerbjörn, 1989). The diet for wolf (Rukovsky and Kupriyanov, 1972) and lynx (Azarov, 1976; Haglund, 1966; Pulliainen, 1981; Yurgensen, 1955) can be up to 70% of mountain hares, and from 1 to 33% for pine marten (Danilov and Ivanter, 1967; Lockie, 1961; Parovschikov, 1961). In northern Fennoscandia mountain hare remains were found in 5% of Arctic fox (Alopex lagopus) scats during the winter diet (Angerbjörn, unpubl.). L. timidus was found in 4% of the stomachs of wolverine (Gulo gulo-Myhre and Myrberget, 1975); up to 2% of mink (Mustela vison) fecal droppings (Tolonen, 1982); and up to 3% of stoat scats (Ben'kovsky, 1971; Lavrov, 1956; Nyholm, 1959).

The proportion of pellets from birds of prey and owls with remains of mountain hare has been used as an indication of diet. Mountain hare formed 21-26% of the diet of golden eagles in Finland (Sulkava et al., 1984); in Norway, 28-34%; in Scotland, 50%; in north Russia, 35%; in the Alps, 10%; and in Estonia, 19% (Sulkava, 1967; Sulkava et al., 1984). The proportion of mountain hare in the diet of eagle owls varied: for Norway, 2-7%; Finland, 4%; Sweden, 4%; and Germany, 7% (Mysterud and Dunker, 1983; Sulkava, 1966). Fewer hares were taken by goshawks (6% in Norway-Bergman, 1961), and hen harriers in Norway (1%), but in Scotland hares made up 11% of the diet of harriers (Picozzi, 1978). Mountain hares are taken in small amounts (less than 1%) by whitetailed eagle (Heliaeetus albicilla; 1.7% in Norway-Willgohs, 1961), peregrine falcon (Falco perigrinus), gyr falcon (F. rusticolus), buzzard, snow owl (Nyctea scandiaca—Bergman, 1961), ural owl (Strix uralensis-Mysterud and Hagen, 1969), and long-eared owl (Asio otus-Hagen, 1965).

Parasites include the flea, Spilopsyllus cuniculi; lice, Haemodipsus lyriocephalus, H. leporis, and Listrophorus gibbus (Muroma, 1951; Sosina and Novozhilova, 1985); ticks, Ixodes ricinus, I. hexagonus, I. persulcatus, Rhipicephalus sanguineus, and Haemaphysalis punctata (Galimov and Galimova, 1988; Raitis and Ermala, 1972; Muroma, 1951); trematode Fasciola hepatica (Ognev, 1940); the pentastomid, Linguatula taenioides (Ognev, 1940); cestodes, Dicrocoelium lanceolatum, D. dendriticum, Cittotaenia pectinata, Taenia serrata, T. pisiformis, Multiceps serialis, Paranoplocephala wimerosa, Andrya cuniculi, and A. rhopalocephala (Burgaz, 1970; Mead-Briggs and Page, 1967); nematodes, Protostrongylus pulmonalis, P. commutatus, Trichostrongylus retortaeformis, T. instabilis, Graphidium strigosum, Passalurus ambiguus, Trichurus leporis, and Microfilaria spp.; coccidia, Eimeria leporis, E. robertsoni, E. townsendi, E. semisculpta, and E. hun-

garica (Berg, 1981; Burgaz, 1973); and microorganisms and bacteria such as Toxoplasma gondii, Pasteurella pseudotuberculosis, P. lepiseptica, P. multocida, P. tularensis, Listeria monocytogenes, Brucella bronchiseptica, and Fusiformis necrophorus (Borg et al., 1952; Couturier, 1964; Lampio, 1946; Naumov, 1941). Inkoo arbovirus has been recorded (Brummer-Korvenkontio, 1973), Campylobacter jejuni (Rosef et al., 1983), Cynomyia mortuorum (Itamies and Koskela, 1980), and isolated cases of myxomatosis (Thompson, 1957). Heavily parasitized hares are more frequent in high-density populations, and have enlarged spleens, less coronary fat, and less body mass (Berg, 1981); these populations might be controlled by parasitism (Angerbjörn, 1983; Häkkinen and Jokinen, 1981), but there was no relationship between prevalence of Trichostrongylus retortaeformis and body mass, fatness or fecundity of hares in Scotland (Iason and Boag, 1988). Tularemia has been reported in mountain hares in Asia (Antsiferov and Brikman, 1969) and central Sweden (Christenson, 1984), and toxoplasmosis in Japan (Kitazawa, 1963).

BEHAVIOR. The mountain hare is primarily nocturnal, but shows increased daylight activity in summer when nights are short (Lemnell and Lindlöf, 1981). The hare rests by day in a "form' with ears back and eyes half closed, but sleeps for only a few minutes (Webb, 1955). They groom themselves carefully, especially in early morning and evening, and can be seen rolling in dust in dry weather. When disturbed, L. t. scoticus rise from their forms at ca. 20 m (n = 376) but this is variable and affected by temperature: 54 m (n = 25) at 13°C, 5 m (n = 14) at 21°C (Flux, 1970 \hat{b}). L. t. timidus in Finland rises at 16 m (0° to -10° C) to 43 m (-15° to -30° C), and from April to June more hares are active by day than in other months (Hewson, 1990a; Lind, 1961; Nyholm, 1968). The main feeding period begins ca. 2 h before sunset in June, 1 h before sunset in March, and less than 1 h, or after, sunset in September-February, and ends 2-3 h after sunrise in June, and about sunrise in winter (Hewson, 1962). At night they are active for 13 h in winter, 8-9 h in spring, and 8 h in summer (Bayfield and Hewson, 1975). Hares feed with their back to the wind, and can clear snow from vegetation with forepaws, but when the snow is hard, they move 5-10 km to lower ground to feed; long migrations have been recorded in Russia (Ognev, 1940). In open country, 50-300 hares may gather on good feeding areas. In continental Europe they confuse tracks and jump to the side before resting for the day (Billie, 1974; Ognev, 1940; Siivonen, 1972) but not in Scotland (Flux, 1981).

From January to July male hares often follow 2–20 m behind a female for hours. Males obviously use scent to track females; the activity of inguinal glands increases during reproduction (Sokolov et al., 1987). Females dominate males, and may strike with their forepaws with ears laid backward if the male approaches too closely. Copulation can involve five or more males and a female (Flux, 1970b), and males can be seen in long fights (Angerbjörn, in litt.) as in L. europaeus (Schneider, 1976). Copulatory behavior is described by Höglund (1957a), parturition by Ognev (1940), and play by Webb (1955). L. timidus appears to dominate Oryctolagus cuniculus (Flux, 1970b; Hewson, 1990b) but the relationship to L. europaeus is unclear; they show competitive exclusion (Hewson, 1976; Lind, 1963).

The size of the home range of L. t. scoticus males was 112.9 ha (n = 16) and for females 88.9 (n = 17—Hewson and Hinge, 1990). In Japan, 11 hares that were tracked in snow averaged 1,373 m (610-1,857) in one night (Hayashi et al., 1979). The daytime range for adult males was 16.2 ha (n = 18), and 10.1 (n = 18)= 17) for adult females but only 3.7 for 14 breeding females (February-July); and 1.6 ha for small young (n = 14). Adult hares may travel 2.4 km to feed (Flux, 1970b). In Finland, home range sizes varies with food supply, 72 and 305 ha for two hares tracked January-March (Seiskari, 1957), but only 6.6 ha (n = 9) on a 92ha island (Häkkinen and Jokinen, 1974). Ranges may overlap, and no territorial fighting, or dispersal of young, have been recorded (Hewson, 1990a). The distances moved by 99 hares recovered after game-stocking in Finland (Vuolanto, 1972), Norway (Myrberget, 1965), and Sweden (Höglund, 1956, 1957b) are: 54 hares 0-4 km; 20, 5-9 km; 15, 10-29 km; 9, 30-100 km; and 1, 200 km.

Hares make several depressions (forms) to sit in by day, trimming protruding vegetation but adding no lining. Forms can reduce wind speeds as much as 90% (Thirgood and Hewson, 1987). If undisturbed, the same form may be used for weeks, or may be

changed depending on the weather. On Scottish moors forms may last 25 years. Hares use deep vegetation for concealment in summer, and exposed positions or rocks in winter (Flux, 1970b; Häkkinen and Jokinen, 1974). In Finland, of 287 forms in forest, 189 were in spruce, 51 below fallen trees, 46 in juniper, and 1 in willow; of 72 in the open, 27 were among ice, 14 in rocks, 12 were unsheltered. 11 were beside fences, and 8 were in reeds (Nyholm, 1968). The forms are restricted to forest if L. europaeus is present (Lind, 1963).

In snow, hares burrow to reach or make forms and enter rock crevices or marmot burrows for shelter or escape (Bille, 1974; Thirgood and Hewson, 1987). They sometimes dig permanent burrows 1-2 m long in the ground, often used by young but seldom by adults. Hares in Ireland do not burrow (Barrett-Hamilton, 1912), nor do those in the Alps, but in Khatanaga, Russia, complex burrows up to 7 m long have been reported (Ognev, 1940).

GENETICS. The diploid number of chromosomes is 48 (Gustavsson, 1971). Lepus is highly conservative karyotypically, with G-banding patterns identical in most species (Robinson et al., 1983; Schröder et al., 1987). Hybrids with L. europaeus are rare in the wild, but easily produced in captivity; the hybrids are intermediate in form, and fertile (Fraguglione, 1966; Gustavsson, 1971; Schröder et al., 1987).

REMARKS. There has been no recent revision of L. timidus. although Rossolimo (1979) mapped the variation of skull size across the Palaearctic. Six currently recognized subspecies occur in Europe (L. t. hibernicus, L. t. kozhevnikovi, L. t. scoticus, L. t. sylvaticus, L. t. timidus, and L. t. varronis), seven in Asia (L. t. begitschevi, L. t. gichiganus, L. t. kolymensis, L. t. lugubris, L. t. mordeni, L. t. sibericorum, and L. t. transbaicalicus), and one each in the Kurile Islands (L. t. abei), Japan (L. t. ainu), and Sakhalin Island (L. t. orii) (Chapman and Flux, 1990).

Common names for "mountain hare" in English include: varying hare, arctic hare, and snow hare. Because the name "arctic hare" also refers to L. arcticus, we suggest it not be used for L. timidus.

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